

Child Development, Inc.

SCHUYLKILL HAVEN



NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	**3**	**4**	**5**	**6**
Juice or Fruit WG Cereal **Chicken Parmesan Sand** **WG Bun** **Waffle Fries** **Fresh Choice**	Juice or Fruit WG Cinnamon Crumble **Chicken Quesadila** **Lettuce & Tomato** **Cilantro Lime Rice** **Pineapple**	Juice or Fruit WG Cereal **BBQ Pulled Pork** **WG Bun** **Fresh Broccoli**	Juice or Fruit Banana Muffin **Lasagna Roll Up** **WG Roll** **Salad** **Orange Slice**	Juice or Fruit WG Cinnamon Chex **Toasted Cheese** **Tomato Soup** **Sliced Cucumber** **Apple Slices**
9	**10**	**11**	**12**	**13**
Juice or Fruit Banana Muffin **Minced Bologna Sand** **WG Bread** **WG Crackers** **Cucumber Slices** Banana	Juice or Fruit WG Cinnamon Crumble **WG Chicken Nuggets** **Sun Chips** **Celery** **Fruit Choice**	Juice or Fruit WG Kix **Cheeseburger on WG Bun** **Star Tater Tots** **Strawberry Frost Poucn** **Fresh Cauliflower**	Juice or Fruit Trix French Toast **WG Meatball Sub** **Spiral Fries** **Green Beans** **Pears**	Juice or Fruit WG Frosted Flakes **Cheese Pizza Quesadilla** **Salad** **Mandrain Ornages**
16	**17**	**18**	**19**	**20**
Juice or Fruit WG Lemon Bread **Scrambled Eggs** **Sausage** **Hash Brown** **Banana**	Juice or Fruit WG Kix **Taco in a Bag** **Cheese, Lett, Tomato** **Black Beans** **Spanish Rice** **WG Turkey Pretzel**	Juice or Fruit WG Pilsbury Pancake Puffs **Chicken Nuggets** **French Fries** **Celery** **Mixed Fruit**	Juice or Fruit WG Pilsbury Maple Mini Waffles **Turkey Dinner** **Mashed Potatoes & Gravy** **Dinner Roll** **Corn** **Apple Pie Slice**	Juice or Fruit WG Trix **Mozzarella Sticks** **Peas** **Fruit Choice**
23	**24**	**25**	**26**	**27**
Juice or Fruit WG Pisbury Pancake Puffs **Pop-Corn Chicken** **Mashed Potatoes** **Corn** **Banana**	Juice or Fruit WG Lemon Bread **Chicken Patty** **Baked Chips** **Mixed Vegetables** **Orange Slice**	Juice or Fruit WG Cinnamon Toast Crunch **Cheeseburger Bites** **Tater Tots** **Green Beans** **Peaches**	 **PROGRAM CLOSED**	
30				
 **PROGRAM CLOSED**				

All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.

Menu Subject to Change