



Child
Development, Inc.

SCHUYLKILL HAVEN



OCTOBER				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Blueberry Muffin Fruit or Juice	Apple Cinnamon Cheerio Fruit or Juice
			W G Chicken Parm Buttered Pasta Pears Fruit or Juice	W G Pizza French Fries Pears
5	6	7	8	9
WG Kix Fruit or Juice	Mini Cinni Fruit or Juice	Breakfast Buns Fruit or Juice	Bagel & Yogurt Fruit or Juice	Blueberry Chex Fruit or Juice
Stromboli Cucumbers Banana	Nachos wW G Tostitos Lett, Tom, Cheese Cilantro Lime Rice Pineapples	W G Chicken Patty Lettuce & Tomato Smiley Fries Peaches	Pasta wMeat Sauce W G Dinner Roll Salad Orange Slices	W G Cheese Pizza Quesadilla W edge Salad Mandarin Oranges
12	13	14	15	16
	WG Graham Crackers Yogurt Fruit or Juice	Eggo Maple Mini Pancakes Fruit or Juice	Cinn Crunch French Toast Fruit or Juice	Cheerios Fruit or Juice
	Taco in a Bag Cheese, Let, Tom Black Beans Spanish Rice Pretzel Banana	W G Pop-Corn Chicken Mashed Potatoes wGravy Fruit Cocktail	W G Tuna Sandwich Sun Chips Vegetable Choice Orange Slices	W G Bosco's Pizza Stick Salad Fruit Choice
ALL CENTERS CLOSED				
19	20	21	22	23
Apple Cinn Cheerios Fruit or Juice	Kix Fruit or Juice	English Muffin Fruit or Juice	Eggo WG Cinn Waffle Fruit or Juice	Cinnamon Chex Fruit or Juice
W G French Toast Sticks Hash Browns Banana	WG Mandarin Orange Chicken Vegetable Rice Mixed Fruit	W G Chicken Nuggets French Fries Apple Sauce	Fish Sandwich Salad Oranges	W G PizzaBoli Baked Chips Cucumbers Fruit Choice
26	27	28	29	30
WG Apple Cinn Cheerios Fruit or Juice	WG Egg & Cheese Scrambler Fruit or Juice	WG Breakfast Pizza Fruit or Juice	WG Graham Crackers Yogurt Fruit or Juice	
Meatloaf wGravy Mashed Potatoes Peaches	Rib Sandwich Tater Tots Banana	Buffalo Chicken Dip Baked Tortilla Chips Vegetable Choice Apple Slices	Fish Sticks Mac & Cheese Vegetable Choice Fruit Cocktail	
ALL CENTERS CLOSED				

All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.

Menu Subject to Change