Child Development, inc.

SAINT CLAIR

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	**Sept. 1**	**2**	**3**	**4**
Cereal & Juice **Breaded Chicken** **Scallop Potatoes** **W G Roll** **Green Beans** **Fruit**	French Toast Sticks Juice/Milk **Meatballs in Sauce** **W G Pasta** **Steamed Corn** **Choice of Fruit**	Yogurt w/Granola Juice/Milk **Cheese Pizza** **Garden Salad** **Steamed Broccoli** **Choice of Fruit**	Dutch Waffle Juice/Milk **Hamburger on Bun** **French Fries** **Mixed Vegetables** **Choice of Fruit**	Assorted Cereal Juice/Milk **Chicken Taco** **Brown Rice** **Cheese & Salsa** **Refried Beans** **Choice of Fruit**
7	**8**	**9**	**10**	**11**
 PROGRAM CLOSED	Waffles w/Syrup Juice/Milk **Hot Ham & Cheese** **Pretzel Roll** **Tortilla Chips** **Steam Peas** **Choice of Fruit**	Yogurt/Mini Loaf Juice/Milk **Meatballs w/W G Pasta** **W G Dinner Roll** **Steamed Carrots** **Choice of Fruit**	Pancakes w/Syrup Juice/Milk **Chicken Patty on Bun** **Baby Cake Potatoes** **Green Beans** **Choice of Fruit**	Assorted Cereal Juice/Milk **Cheesy Breadsticks** **Dipping Sauce** **Garden Salad** **Choice of Fruit**
14	**15**	**16**	**17**	**18**
Assorted Cereal Juice/Milk **Chicken Finger W rap** **Brown Rice** **Steamed Corn** **Choice of Fruit**	Dutch Waffle Juice/Fruit **Taco Tuesday & Chips** **Cheese, Shred Lett, Salsa** **Green Beans** **Choice of Fruit**	Yogurt/Granola Juice/Milk **Fish Shapes** **French Fries** **Steamed Broccoli** **Choice of Fruit**	Waffles w/Syrup Juice/Milk **Beef-A-Roni** **Shredded Cheese** **W G Roll** **Steamed Carrots** **Choice of Fruit**	Assorted Cereal Juice/Milk **Pizza Bagel** **Garden Salad** **Steamed Peas** **Choice of Fruit**
21	**22**	**23**	**24**	**25**
Assorted Cereal Juice/Milk **Breaded Chicken** **Buttered Pasta** **Baked Beans** **Choice of Fruit**	Baked Omelet w/Sausage Juice/Milk **Meatballs in Gravy** **Mashed Potatoes** **Garlic Stick** **Steamed Corn** **Choice of Fruit**	Yogurt/Mini Loaf Juice/Milk **French Toast Sticks** **Hash Browns** **Sausage Patty** **Steamed Carrots** **Choice of Fruit**	Pancakes w/Syrup Juice/Milk **Mac & Cheese** **Stewed Tomatoes** **Breaded Chicken** **Choice of Fruit**	Assorted Cereal Juice/Milk **Hamburger on W G Bun** **French Fries** **Steamed Peas** **Choice of Fruit**
28	**29**	**30**		
Assorted Cereal Juice/Milk **Breaded Chicken** **Brown Rice** **Steamed Broccoli** **Choice of Fruit**	French Toast Sticks Juice/Milk **Cheese Quesadilla W edge w/Salsa** **Garden Salad** **Steamed Corn** **Choice of Fruit**	Yogurt/Granola Juice/Milk **Breaded Fish Sandwich** **Baby Cake Potatoes** **Baked Beans** **Choice of Fruit**		

All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.

Menu Subject to Change