


TAMAQUA

MAY				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
Assorted Cereal Juice/Milk Popcorn Chicken Mashed Potatoes Steamed Corn Choice of Fruit	Pancakes w/Syrup Juice/Milk Taco & Chips Cheese, Lett, Salsa Green Beans Choice of Fruit	Yogurt/Mini Loaf Juice/Milk Buttered Pierogis String Cheese Steamed Carrots Choice of Fruit	Egg & Cheese Sandwich Juice/Milk Cheesesteak on W G Roll French Fries Broccoli Choice of Fruit	Assorted Cereal Juice/Milk Mac & Cheese Breaded Chicken Stewed Tomatoes Choice of Fruit
11	12	13	14	15
Assorted Cereal Juice/Milk Breaded Chicken Scallop Potatoes Green Beans Choice of Fruit	French Toast Sticks Juice/Milk Meatballs in Sauce Buttered Pasta Steamed Corn Choice of Fruit	Yogurt/Mini Loaf Juice/Milk Cheese Pizza Garden Salad Steamed Carrots Choice of Fruit	Dutch Waffle Juice/Milk Hamburger on Bun French Fries Mixed Vegetables Choice of Fruit	Assorted Cereal Juice/Milk Chicken Taco Brown Rice Cheese & Salsa Refried Beans Choice of Fruit
18	19	20	21	22
Assorted Cereal Juice/Milk Breaded Chicken Seasoned Rice Steamed Broccoli Choice of Fruit	Waffle w/Syrup Juice/Milk Hot Ham & Cheese Pretzel Roll Tortilla Chips Steamed Peas Choice of Fruit	Yogurt/Mini Loaf Juice/Milk Pasta & Meatballs w/Cheese W G Roll Steamed Carrots Choice of Fruit	Pancakes w/Syrup Juice/Milk Chicken Patty BabyCake Potato Green Beans Choice of Fruit	Assorted Cereal Juice/Milk Cheesy Breadsticks Dipping Sauce Garden Salad Kidney Beans Choice of Fruit
25	26	27	28	29
 PROGRAM CLOSED	Dutch Waffle Juice/Milk Taco & Chips Cheese, Lett, Salsa Refried Beans Choice of Fruit	Yogurt/Mini Loaf Juice/Milk Fish Shapes French Fries Steamed Broccoli Choice of Fruit	Waffle w/Syrup Juice/Milk Beef-A-Roni w/Cheese W G Roll Steamed Carrots Choice of Fruit	Assorted Cereal Juice/Milk Pizza Bagel Garden Salad Steamed Peas Choice of Fruit
All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.				Menu Subject to Change