



SCHUYLKILL HAVEN

MARCH				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Fruit Mini-Muffin WG Apple Juice Milk P.B.& Jelly wg French Fries Applesauce Milk	Egg & Cheese Omelet Grape Juice Milk Chicken Parmesan wg Pasta W G Peas Applesauce Milk	Cereal WG Orange Juice Milk French Toast W G Hash Brown Juice Cup Milk	Mini-Waffles WG Banana Milk Taco in a Bag W G/LF Salsa-Pretzel W G Lett, Tom, Cheese Strawberry Cup Milk	Cereal wg Applesauce Cup Milk Pizza W G Salad Pineapples Milk
9	10	11	12	13
Cinn Waffle wg Apple Juice Milk Chicken Strips W G Green Beans Rice wg Mixed Fruit Milk	Pancakes WG Grape Juice Milk Cheese Steak/Roll W G Potato Fries Bake Beans Pears Milk	Frosted Mini Wheats WG Orange Juice Milk Pop-Corn Chicken W G Corn Mashed Potatoes Pineapples Milk	English Muffin wg/Yogurt Banana Milk Fresh Turkey Sub Roll W G Lettuce & Tomatoes Baked Chips wg Peaches Milk	Kix WG Applesauce Cup Milk Toasted Cheese wg Celery Tomato Soup Apple Sauce Milk
16	17	18	19	20
Honey Nut Cherrios wg Orange Juice Milk Cheese Burger wg French Fries Applesauce	Pancakes WG Grape Juice Milk Chicken Pattie W G Potato Fries Lettuce & Tomato Orange Milk	Cherrios WG Orange Juice Milk Egg/Cheese on Cross. W g Hash Brown Baby Carrots Juice Cup Milk	Egg Omelet Banana Milk Chicken Fajita W g Salsa - Cheese Soft Pretzel W G Lettuce Tomato Cup Sherbet Cup Milk	Rice Krispies Fresh Fruit or Juice Milk Pierogies wg Salad Fruit Choice
23	24	25	26	27
Bagel w/cr. Cheese wg Fresh Fruit or Juice Milk Meatballe w/Roll wg French Fries Pickles Fruit Choice	Strawberry Pancakes WG Grape Juice Milk Sliced Ham & Cheese on Pretzel Roll W G Potato Rounds Celery Banana Milk	Rice Krispies Orange Juice Milk Pasta w/Meat Sauce wg BreadSticks W G Salad Mandrian Oranges Milk	Breakfast Pizza WG Banana Milk Regular Sub Roll W G Baked Sun Chips wg Lettuce-Tomato Peaches Milk	Waffles WG Applesauce Cup Milk Personal Pan Pizza wg Broccoli Pineapples Milk
30	31			
Muffin wg Fresh Fruit or Juice Milk Ravioli wg Salad Roll wg-Fruit Choice Milk	Fruit Cherrios wg Fresh Fruit or Juice Milk Chicken Pattie wg Chicken Noodle Soup Fresh Vegetables Fresh Fruit			

All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.

Menu Subject to Change