



SCHUYLKILL HAVEN

FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Mini Bagel wg Yogurt Fresh Fruit or Juice Milk French Toast Sticks Sausage Hash Brown Juice Cup	3 Waffles wg Fresh Fruit or Juice Milk Meatballs Roll wg Potatoes Pears	4 Pancakes wg Fresh Fruit or Juice Milk Cheese Steak wg Green Beans French Fries Applesauce	5 French Toast wg Fresh Fruit or Juice Milk Taco in a bag wg lettuce-Tomatoes Cheese - Salsa Pretzel Banana	6 Fruit Cheerios wg Fresh Fruit or Juice Milk Mac & Cheese wg Peas Peach Cup
9 Kix wg Fresh Fruit or Juice Milk Mozz Bites wg Pizza Sauce Fries Mandarin Oranges	10 Pancakes wg Fresh Fruit or Juice Milk Chicken Pattie w/roll wg Lettuce-Tomatoes Baked Chips wg Peaches	11 Cinn Toast Crunch wg Fresh Fruit or Juice Milk Ch. Burger on roll wg Bake Beans Fries Applesauce	12 Nutri-Grain Bar wg Fresh Fruit or Juice Milk Regular Sub wg Lettuce & Tomatoes Baked Chips wg Baby Carrots Peaches	13 Mini Wheats wg Fresh Fruit or Juice Milk Toasted Cheese wg Soup Banana
16  PROGRAM CLOSED	17 Fruit Pancakes wg Fresh Fruit or Juice Milk BBQ Rib w/roll wg Baked Chips wg Celery Peaches	18 French Toast Sticks wg Fresh Fruit or Juice Milk Lasagna Salad Roll Pears	19 Graham Crackers wg Yogurt Fresh Fruit or Juice Milk Chicken Nuggets wg Mashed Potatoes Corn Applesauce	20 Corn Flakes wg Fresh Fruit or Juice Milk Pizza Wedge wg Green Beans Tropical Fruit
23 Bagel wg Fresh Fruit or Juice Milk Stromboli Vegetable Choice Applesauce Vanilla Cake	24 Waffles wg Fresh Fruit or Juice Milk Tuna on roll wg French Fries Vegetable Choice Fruit Choice	25 Whole Grain Cereal Fresh Fruit or Juice Milk Ravioli wg Salad String Cheese Pears	26 Breakfast Pizza Fresh Fruit or Juice Milk Beef Taco in a bag wg Lettuce-Tomato Cheese Breadstick wg Mixed Fruit	27 Whole Grain Cereal Fresh Fruit Milk Pan Pizza wg Corn Mandarin Oranges
All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.				Menu Subject to Change