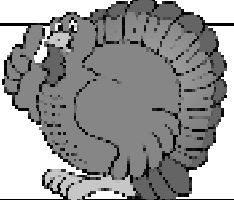




SCHUYLKILL HAVEN

NOVEMBER				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 kix wg Fresh Fruit or Juice Chicken Nuggets Mashed Potatoes Carrots Fruit Choice	4 Pancake wg Fresh Fruit or Juice Cheese Steak Scalloped Potatoes Peas Fruit Choice	5 French Toast wg Fresh Fruit or Juice Ham Sub Sun Chips - Pickles Fresh Vegetable Choice Fruit Choice	6 Apple Frudel wg Fresh Fruit or Juice Taco in a bag lettuce - Tomatoes Cheese - Salsa Fruit Sherbet	7 Cherrios wg Fresh Fruit or Juice Pierogies wg Salad Fresh Veggie Choice Fresh Fruit Choice
10 Cereal Choice wg Fresh Fruit or Juice Hot Ham & Cheese wg Baked Chips - Pickles Fresh Vegetable Choice Fruit Choice	11 Egg-Cheese Sandwich Fresh Fruit or Juice Chicken Pattie wg Chicken Noodle Soup wg Cucumbers Peaches	12 Yogurt Cup Mini Muffin wg Fresh Fruit or Juice Pop-Corn Chicken wg Potatoes - Corn Pineapples	13 Waffle wg Fresh Fruit or Juice Meatballs w/roll Green Beans Mixed Fruit	14 Rice Krispies wg Fresh Fruit or Juice Pizza wg Carrots Pears
17 Muffin wg Fresh Fruit or Juice Grilled Chicken on roll wg Potato Rounds Broccoli Banana	18 Chex wg Fresh Fruit or Juice Chicken Parm wg Pasta wg Peas Pineapples	19 Pancakes wg Fresh Fruit Stromboli wg Hash Brown Baby Carrots Banana	20 Waffles wg Fresh Fruit or Juice Roast Turkey Filling - Corn Gravy - Cranberry Sauce Ice Cream Cup	21 Cherrios wg Fresh Fruit or Juice Pizza wg Green Beans Celery w/dip Apple Slice
24 Grahman Crackers wg Yogurt Fresh Fruit or Juice Cheese Burger wg Lettuce Tomato Cup Potato Fries Apple Slices	25 Pancakes wg Fresh Fruit or Juice Pizza wg Fresh Vegetable Choice Fruit Choice	26 Breakfast Pizza wg Fresh Fruit or Juice Beef BBQ Rib wg Sun Chips wg Baked Beans Fruit Choice Pears	27 	28 
PROGRAM CLOSED				
All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.				Menu Subject to Change