





FOUNTAIN SPRINGS CENTER

| | | MARCH 2025 | | |
|---|--|---|---|---|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| MONDAT | | | | TRIBAT |
| 3 | 4 | 5 | 6 | Asserted Corist |
| Assorted Cereal | Dutch Wafle | Yogurt/Mini Loaf | Waffles | Assorted Cerial |
| Juice/Milk | Juice/Milk | Juice/Milk | Juice/Milk | Juice/Milk |
| | | | | |
| Chicken Wrap | Taco Tuesday | Fish Shapes | Beef-A-Roni | Pizza Bagel |
| w/Lettuce & Tomato | Tortilla Chips | Buttered Noodles | Cheese, Roll (WG) | Garden Salad |
| Steamed Corn | Lettuce, Green Beans | Stewed Tomatoes | Steamed Carrots | Steamed Peas |
| Choice of Fruit | Salsa | Choice of Fruit | Choice of Fruit | Choice of Fruit |
| Milk | Milk | Milk | Milk | Milk |
| | | | | |
| Large Goldfish Graham | Mini Apple Cinnamon Loaf | Animal Crackers | String Cheese | Alphabet Cookies |
| Crackers (WG) | Mandarin Oranges, Milk | Diced Pears, Milk | Raspberry Yogurt. Milk | Mixed Fruit, Milk |
| Banana, Milk | | | | |
| 10 | 11 | 12 | 13 | 14 |
| Assorted Cereal | Egg Omelet/Muffin | Yogurt/Mini Loaf | Pancakes w/Syrup | Assorted Cereal |
| Juice/Milk | Juice/Milk | Juice/Milk | Juice/Milk | Juice/Milk |
| | | | | |
| Breaded Chicken | Meatballs/Gravy | French Toast Sticks | Chicken Parm | Hamburger on Roll |
| Scallop Potatoes | Mashed Potatoes, Roll (WG) | Hash Browns, Sausage Link | Buttered Pasta | French Fries |
| Steamed Corn | Green Beans | Steamed Carrots | Steamed Broccoli | Baked Beans |
| Choice of Fruit | Choice of Fruit | Choice of Fruit | Choice of Fruit | Choice of Fruit |
| | | | | |
| Milk | Milk | Milk | Milk | Milk |
| | T 11 0 1 (MO) | 201 | D: K: : T (MO) | |
| Mini Banana Loaf (WG) | Teddy Grahams (WG) | String Cheese | Rice Krispie Treat (WG) | Cheddar Goldfish Crackers (WG) |
| Orange Wedges, Milk | Peaches, Milk | Cherry Vanillla Yogurt, Milk | Pineapples. Milk | Applesauce, Milk |
| | | | | |
| 17 | 18 | 19 | 20 | 21 |
| 17 Assorted Cereal | French Toast Sticks | Yogurt/Mini Loaf | Waffles | Assorted Cereal |
| 17 | | | | |
| Assorted Cereal Juice/Milk | French Toast Sticks Juice/Milk | Yogurt/Mini Loaf Juice/Milk | Waffles Juice/Milk | Assorted Cereal |
| Assorted Cereal Juice/Milk Breaded Chicken | French Toast Sticks Juice/Milk Beef-A-Roni | Yogurt/Mini Loaf | Waffles Juice/Milk Cheese Pizza | Assorted Cereal Juice/Milk |
| Assorted Cereal Juice/Milk | French Toast Sticks Juice/Milk | Yogurt/Mini Loaf Juice/Milk | Waffles Juice/Milk | Assorted Cereal |
| Assorted Cereal Juice/Milk Breaded Chicken | French Toast Sticks Juice/Milk Beef-A-Roni | Yogurt/Mini Loaf Juice/Milk BBQ Pulled Pork | Waffles Juice/Milk Cheese Pizza | Assorted Cereal Juice/Milk |
| Assorted Cereal Juice/Milk Breaded Chicken Rice Bowl (WG) | French Toast Sticks Juice/Milk Beef-A-Roni Cheese, Roll (WG) | Yogurt/Mini Loaf Juice/Milk BBQ Pulled Pork Baby Cake Potato | Waffles Juice/Milk Cheese Pizza Tortilla Chips | Assorted Cereal Juice/Milk |
| Assorted Cereal Juice/Milk Breaded Chicken Rice Bowl (WG) Steamed Broccoli | French Toast Sticks Juice/Milk Beef-A-Roni Cheese, Roll (WG) Steamed Carrots | Yogurt/Mini Loaf Juice/Milk BBQ Pulled Pork Baby Cake Potato Baked Beans | Waffles Juice/Milk Cheese Pizza Tortilla Chips Mixed Vegetables | Assorted Cereal Juice/Milk |
| Assorted Cereal Juice/Milk Breaded Chicken Rice Bowl (WG) Steamed Broccoli Choice of Fruit | French Toast Sticks Juice/Milk Beef-A-Roni Cheese, Roll (WG) Steamed Carrots Choice of Fruit | Yogurt/Mini Loaf Juice/Milk BBQ Pulled Pork Baby Cake Potato Baked Beans Choice of Fruit | Waffles Juice/Milk Cheese Pizza Tortilla Chips Mixed Vegetables Choice of Fruit | Assorted Cereal Juice/Milk |
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Breaded BBQ Chicken Buttered Pasta Green Beans Choice of Fruit Milk

Cheeze-It Crackers (WG) Apple Wedges, Milk



REMEMBER, __if March comes_



All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.

Menu Subject to Change