



Child

Developmental Center
MAHANAOY CITY

Happy New Year!

JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 	2 Fruit or Juice WG Assorted Cereal Banana Milk WG PB&J Sandwich Carrots Pineapples Milk WG Apple Oatmeal Bar Milk	3 Fruit or Juice Strawberry Cream Cheese WG Bagel Milk WG Pizza Kits Green Beans Applesauce Milk WG Animal Crackers Milk
6 Fruit or Juice WG Strawberry Pancakes Milk Meatballs WG Garlic Breadsticks Green Beans Peaches Milk WG Goldfish Crackers Milk	7 Fruit or Juice WG Pumpkin Bread Slice Milk Beef Barbeque on WG Bun Corn Pears Milk WG Graham Bites Milk	8 Fruit or Juice WG Cinni-Minnis Milk Salisbury Steak Mashed Potatoes w/Gravy WG Dinner Roll Seasoned Peas Mandarin Oranges Milk WG Nutrigrain Bar Milk	9 Fruit or Juice WG Fruit Loop Waffles Milk Chicken Fajita WG Soft Tortilla Mixed Vegetables Pears Milk WG Mini Pancakes Milk	10 Fruit or Juice WG Assorted Cereal Banana Milk WG Cheese Pizza Broccoli Apple Slices Milk WG Cheerios Cereal Milk
13 Fruit or Juice Egg & Cheese Bites WG English Muffin Milk Stuffed Cheeseburger WG Roll Diced Carrots Mixed Fruit Milk WG Apple Frudel Milk	14 Fruit or Juice WG French Toast Sticks Syrup Milk WG Chicken Tenders Diced Potatoes Green Beans Pineapples Milk WG Pretzel Goldfish Milk	15 Fruit or Juice WG Apple Frudel Milk Walking Taco WG Soft Tortilla Corn Applesauce Milk WG Mini Waffles Milk	16 Fruit or Juice WG Breakfast Pizza Milk WG Grilled Cheese Carrot Coins Fruit Cocktail Milk WG Bug Bite Graham Crackers Milk	17 Fruit or Juice WG Blueberry Waffles Milk WG Pierogis Mixed Vegetables Peaches Milk WG Animal Crackers Milk
20 Fruit or Juice WG Cinni-Minnis Milk WG Turkey & Cheese Hoagie Peas Peaches Milk WG French Toast Sticks Milk	21 Fruit or Juice WG Assorted Cereal Banana Milk WG General Tso Chicken Broccoli Mandarin oranges Milk WG Nutrigrain Bar Milk	22 Fruit or Juice WG Cinn Raisin Bagel Milk WG Cheesesteak Green Beans Apple Wedges Milk WG Cheerios Cereal Milk	23 Fruit or Juice WG Breakfast Combo Milk WG Popcorn Chicken Mashed Potatoes w/Gravy Corn Peaches Milk WG Animal Crackers Milk	24 Fruit or Juice Strawberry Cream Cheese Stuffed WG Bagel Milk WG French Bread Pizza Shredded Salad Dressing Banana Milk WG Cheez-It Crackers Milk
27 Fruit or Juice WG Breakfast Bun Milk Hot Ham & Cheese on a WG Pretzel Roll Green Beans Applesauce Milk WG Scooby Doo Bites Milk	28 Fruit or Juice WG Breakfast Sandwich Milk Hot Turkey Sandwich w/Gravy WG Bread Corn Applesauce Milk WG Graham Crackers Milk	29 Fruit or Juice WG Maple Pancakes Milk WG Chicken Nuggets Sliced Potatoes Broccoli Pears Milk WG Goldfish Crackers Milk	30 Fruit or Juice WG Turkey Pancake Wrap Milk Beef-a-Roni WG Dinner Roll Green Beans Grape Juice Milk WG Mini Pancakes Milk	31 Fruit or Juice WG Assorted Cereal Banana Milk WG Stromboli Broccoli Pineapples Milk WG Granola Bar Milk

All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.

Menu Subject to Change