



JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1  PROGRAM CLOSED	2 Egg & Cheese Sandwich Juice/Milk Buttered Pierogis String Cheese Steamed Carrots Choice of Fruit TBA Pineapples	3 Assorted Cereal Juice/Milk Mac & Cheese Breaded Chicken Stewed Tomatoes Choice of Fruit WG Cheddar Goldfish Crackers Applesauce
6 Assorted Cereal Juice/Milk Breaded Chicken Tator Tots Green Beans Choice of Fruit WG Cheez-it Crackers Apple Wedges	7 French Toast Sticks Juice/Milk Meatballs in Sauce Buttered Pasta Steamed Peas Choice of Fruit String Cheese Peach Yogurt	8 Yogurt/Mini Loaf Juice/Milk Baked Pizza Garden Salad Broccoli Choice of Fruit WG Blueberry Muffin Mandarin Oranges	9 Dutch Waffle Juice/Milk Hamburger on Bun French Fries Steamed Corn Choice of Fruit WG Animal Cookies Diced Pears	10 Assorted Cereal Juice/Milk Chicken parm Buttered Pasta Steamed Carrots Choice of Fruit WG Goldfish Pretzel Crackers Mixed Fruit
13 Assorted Cereal Juice/Milk Breaded Chicken Seasoned Rice Steamed Broccoli Choice of Fruit WG Alphabet Cookies Banana	14 Waffles w/Syrup Juice/Milk Cheesesteak on W G Roll French Fries Steamed Peas Choice of Fruit WG Mini Apple Cinn Loaf Peaches	15 Yogurt/Mini Loaf Juice/Milk Pasta w/Meat Sauce Cheese & W G Roll Steamed Carrots Choice of Fruit TBA Pineapples	16 Pancakes w/Syrup Juice/Milk Pizza Egg Roll Tortilla Chips Green Beans Choice of Fruit String Cheese Strawberry Banana Yogurt	17 Assorted Cereal Juice/Milk Cheesy Breadsticks Sauce Garden Salad Kidney Beans Choice of Fruit WG Lg. Goldfish Pretzel Crackers Applesauce
20 Assorted Cereal Juice/Milk Breaded Chicken W rap Lettuce & Tomato Steamed Corn Choice of Fruit WG Cheez-it Crackers Apple Wedges	21 Dutch Waffle Juice/Milk Taco Tuesday Chips, Cheese, Lettuce Salsa Refried Beans Choice of Fruit String Cheese Strawberry Banana Yogurt	22 Yogurt/Mini Loaf Juice/Milk Chicken in Gravy Mashed Potatoes W G Roll Corn Choice of Fruit TBA Peaches	23 Waffles w/Syrup Juice/Milk Pasta Cheese Bake W G Roll Steamed Carrots Choice of Fruit WG Blueberry Muffin Pineapples	24 Assorted Cereal Juice/Milk Pizza Bagel Garden Salad Steamed Peas Choice of Fruit WG Graham Crackers Applesauce
27 Assorted Cereal Juice/Milk Breaded Chicken Scallop Potatoes Green Beans Choice of Fruit WG Lg. Goldfish Graham Crackers Banana	28 Breakfast Pizza Juice/Milk Meatballs in Gravy Mashed Potatoes Garlic Sticks Steamed Corn Choice of Fruit Mini Apple Cinn Loaf Mandarin Oranges	29 Yogurt/Mini Loaf Juice/Milk French Toast Sticks Hash Brown Sausage Link Steamed Carrots Choice of Fruit WG Animal Cookie Diced Pears	30 Pancakes w/Syrup Juice/Milk Chicken Taco Buttered Rice Steamed Broccoli Choice of Fruit String Cheese Raspberry Yogurt	31 Assorted Cereal Juice/Milk Hamburger on Bun French Fries Baked Beans Choice of Fruit Alphabet Cookies Mixed Fruit

All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.

Menu Subject to Change