



OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 French Toast Sticks Juice/Milk Turkey Breast Mashed Potatoes w/Gravy WG Roll Steamed Corn Choice of Fruit	2 Yogurt/Mini Loaf Juice/Milk BBQ Pulled Pork Baby Cake Potatoes Baked Beans Choice of Fruit	3 Breakfast Pizza Juice/Milk Baked Cheese Pizza Mixed Vegetables Tortilla Chips Choice of Fruit	4 Assorted Cereal Juice/Milk Cheesy Breadsticks Dipping Sauce Garden Salad Green Beans Choice of Fruit
7 Assorted Cereal Juice/Milk Seasoned Popcorn Chicken Mashed Potatoes WG Roll Steamed Corn Choice of Fruit	8 Pancakes Juice/Milk Taco Tuesday w/Chips Cheese, Lett, Salsa Broccoli Choice of Fruit	9 Yogurt/Mini Loaf Juice/Milk Buttered Pierogis WG Roll String Cheese Steamed Carrots Choice of Fruit	10 Egg & Cheese Sandwich Juice/Milk Hot Ham & Cheese Scallop Potatoes Baked Beans Choice of Fruit	11 Assorted Cereal Juice/Milk Mac & Cheese Breaded Chicken Stewed Tomatoes Choice of Fruit
14  PROGRAM CLOSED	15 French Toast Sticks Juice/Milk Meatballs in Sauce WG Pasta Steamed Corn Choice of Fruit	16 Yogurt/Mini Loaf Juice/Milk Baked Cheese Pizza Garden Salad Steamed Broccoli Choice of Fruit	17 Dutch Waffle Juice/Milk Hamburger on WG Bun French Fries Steamed Corn Choice of Fruit	18 Assorted Cereal Juice/Milk Chicken Taco Bowl Brown Rice Salsa & Cheese Choice of Fruit
21 Assorted Cereal Juice/Milk Breaded Chicken Brown Rice Steamed Broccoli Choice of Fruit	22 Waffles Juice/Milk Blueberry Pancakes Hash Browns Steamed Peas Choice of Fruit	23 Yogurt/Mini Loaf Juice/Milk Pasta w/Meatballs WG Roll Cheese Steamed Carrots Choice of Fruit	24 Pancakes Juice/Milk BBQ Sloppy Joe Baby Cake Potatoes Green Beans Choice of Fruit	25 Assorted Cereal Juice/Milk Cheesy Breadsticks Sauce Garden Salad Kidney Beans Choice of Fruit
28 Assorted Cereal Juice/Milk Crispy Chicken Wrap Lettuce & Tomato Steamed Corn Choice of Fruit	29 Dutch Waffle Juice/Milk Taco Tuesday w/Chips Salsa, Lett, Cheese Refried Beans Choice of Fruit	30 Yogurt/Mini Loaf Juice/Milk Turkey Breast Mashed Potatoes w/Gravy WG Roll Steamed Corn Choice of Fruit	31 Waffles Juice/Milk Rotini Cheesy Bake WG Roll Steamed Carrots Choice of Fruit	

All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.

Menu Subject to Change