



**OCTOBER**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	French Toast Sticks Juice/Milk  <b>Turkey Breast</b> Mashed Potatoes w/Gravy WG Roll Steamed Corn Choice of Fruit  WG Mini Apple Cinn Loaf Peaches	Yogurt/Mini Loaf Juice/Milk  <b>BBQ Pulled Pork</b> Baby Cake Potatoes Baked Beans Choice of Fruit  TBA Pineapples	Breakfast Pizza Juice/Milk  <b>Baked Cheese Pizza</b> Mixed Vegetables Tortilla Chips Choice of Fruit  String Cheese Strawberry Banana Yogurt	Assorted Cereal Juice/Milk  <b>Cheesy Breadsticks</b> Dipping Sauce Garden Salad Green Beans Choice of Fruit  WG Lg. Goldfish Pretzel Crackers Applesauce
7	8	9	10	11
Assorted Cereal Juice/Milk  Seasoned Popcorn Chicken Mashed Potatoes WG Roll Steamed Corn Choice of Fruit  WG Cheez-it Crackers Apple Wedges	Pancakes Juice/Milk  <b>Taco Tuesday w/Chips</b> Cheese, Lett, Salsa Broccoli Choice of Fruit  String Cheese Strawberry Banana Yogurt	Yogurt/Mini Loaf Juice/Milk  <b>Buttered Pierogis</b> WG Roll String Cheese Steamed Carrots Choice of Fruit  TBA Peaches	Egg & Cheese Sandwich Juice/Milk  <b>Hot Ham &amp; Cheese</b> Scallop Potatoes Baked Beans Choice of Fruit  WG Blueberry Muffin Pineapples	Assorted Cereal Juice/Milk  <b>Mac &amp; Cheese</b> Breaded Chicken Stewed Tomatoes Choice of Fruit  WG Graham Crackers Applesauce
14	15	16	17	18
 <b>PROGRAM CLOSED</b>	French Toast Sticks Juice/Milk  <b>Meatballs in Sauce</b> WG Pasta Steamed Corn Choice of Fruit  Mini Apple Cinn Loaf Mandarin Oranges	Yogurt/Mini Loaf Juice/Milk  <b>Baked Cheese Pizza</b> Garden Salad Steamed Broccoli Choice of Fruit  WG Animal Cookies Diced Pears	Dutch Waffle Juice/Milk  <b>Hamburger on WG Bun</b> French Fries Steamed Corn Choice of Fruit  String Cheese Raspberry Yogurt	Assorted Cereal Juice/Milk  <b>Chicken Taco Bowl</b> Brown Rice Salsa & Cheese Choice of Fruit  Alphabet Cookies Mixed Fruit
21	22	23	24	25
Assorted Cereal Juice/Milk  <b>Breaded Chicken</b> Brown Rice Steamed Broccoli Choice of Fruit  WG Mini Banana Loaf Orange Wedges	Waffles Juice/Milk  <b>Blueberry Pancakes</b> Hash Browns Steamed Peas Choice of Fruit  WG Graham Crackers Peaches	Yogurt/Mini Loaf Juice/Milk  <b>Pasta w/Meatballs</b> WG Roll Cheese Steamed Carrots Choice of Fruit  String Cheese Cherry Vanilla Yogurt	Pancakes Juice/Milk  <b>BBQ Sloppy Joe</b> Baby Cake Potatoes Green Beans Choice of Fruit  TBA Pineapples	Assorted Cereal Juice/Milk  <b>Cheesy Breadsticks</b> Sauce Garden Salad Kidney Beans Choice of Fruit  WG Cheddar Goldfish Crackers Applesauce
28	29	30	31	
Assorted Cereal Juice/Milk  <b>Crispy Chicken W rap</b> Lettuce & Tomato Steamed Corn Choice of Fruit  WG Cheeze-It Crackers Apple Wedges	Dutch Waffle Juice/Milk  <b>Taco Tuesday w/Chips</b> Salsa, Lett, Cheese Refried Beans Choice of Fruit  String Cheese Peach Yogurt	Yogurt/Mini Loaf Juice/Milk  <b>Turkey Breast</b> Mashed Potatoes w/Gravy WG Roll Steamed Corn Choice of Fruit  WG Blueberry Muffin Mandarin Oranges	Waffles Juice/Milk  <b>Rotini Cheesy Bake</b> WG Roll Steamed Carrots Choice of Fruit  WG Animal Crackers Diced Pears	

All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.

Menu Subject to Change