



**OCTOBER**

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|--|--|--|--|
|  | 1  | 2  | 3  | 4  |
|  | French Toast Sticks<br>Juice/Milk<br><br><b>Turkey Breast</b><br>Mashed Potatoes w/Gravy<br>WG Roll<br>Steamed Corn<br>Choice of Fruit<br><br>WG Mini Apple Cinn Loaf<br>Peaches | Yogurt/Mini Loaf<br>Juice/Milk<br><br><b>BBQ Pulled Pork</b><br>Baby Cake Potatoes<br>Baked Beans<br>Choice of Fruit<br><br>TBA<br>Pineapples                                      | Breakfast Pizza<br>Juice/Milk<br><br><b>Baked Cheese Pizza</b><br>Mixed Vegetables<br>Tortilla Chips<br>Choice of Fruit<br><br>String Cheese<br>Strawberry Banana Yogurt | Assorted Cereal<br>Juice/Milk<br><br><b>Cheesy Breadsticks</b><br>Dipping Sauce<br>Garden Salad<br>Green Beans<br>Choice of Fruit<br><br>WG Lg. Goldfish<br>Pretzel Crackers<br>Applesauce |
| 7  | 8  | 9  | 10   | 11   |
| Assorted Cereal<br>Juice/Milk<br><br>Seasoned Popcorn Chicken<br>Mashed Potatoes<br>WG Roll<br>Steamed Corn<br>Choice of Fruit<br><br>WG Cheez-it Crackers<br>Apple Wedges | Pancakes<br>Juice/Milk<br><br><b>Taco Tuesday w/Chips</b><br>Cheese, Lett, Salsa<br>Broccoli<br>Choice of Fruit<br><br>String Cheese<br>Strawberry Banana Yogurt                 | Yogurt/Mini Loaf<br>Juice/Milk<br><br><b>Buttered Pierogis</b><br>WG Roll<br>String Cheese<br>Steamed Carrots<br>Choice of Fruit<br><br>TBA<br>Peaches                             | Egg & Cheese Sandwich<br>Juice/Milk<br><br><b>Hot Ham &amp; Cheese</b><br>Scallop Potatoes<br>Baked Beans<br>Choice of Fruit<br><br>WG Blueberry Muffin<br>Pineapples    | Assorted Cereal<br>Juice/Milk<br><br><b>Mac &amp; Cheese</b><br>Breaded Chicken<br>Stewed Tomatoes<br>Choice of Fruit<br><br>WG Graham Crackers<br>Applesauce                              |
| 14   | 15   | 16   | 17   | 18   |
| <br><br><b>PROGRAM CLOSED</b>  | French Toast Sticks<br>Juice/Milk<br><br><b>Meatballs in Sauce</b><br>WG Pasta<br>Steamed Corn<br>Choice of Fruit<br><br>Mini Apple Cinn Loaf<br>Mandarin Oranges                | Yogurt/Mini Loaf<br>Juice/Milk<br><br><b>Baked Cheese Pizza</b><br>Garden Salad<br>Steamed Broccoli<br>Choice of Fruit<br><br>WG Animal Cookies<br>Diced Pears                     | Dutch Waffle<br>Juice/Milk<br><br><b>Hamburger on WG Bun</b><br>French Fries<br>Steamed Corn<br>Choice of Fruit<br><br>String Cheese<br>Raspberry Yogurt                 | Assorted Cereal<br>Juice/Milk<br><br><b>Chicken Taco Bowl</b><br>Brown Rice<br>Salsa & Cheese<br>Choice of Fruit<br><br>Alphabet Cookies<br>Mixed Fruit                                    |
| 21   | 22   | 23   | 24   | 25   |
| Assorted Cereal<br>Juice/Milk<br><br><b>Breaded Chicken</b><br>Brown Rice<br>Steamed Broccoli<br>Choice of Fruit<br><br>WG Mini Banana Loaf<br>Orange Wedges               | Waffles<br>Juice/Milk<br><br><b>Blueberry Pancakes</b><br>Hash Browns<br>Steamed Peas<br>Choice of Fruit<br><br>WG Graham Crackers<br>Peaches                                    | Yogurt/Mini Loaf<br>Juice/Milk<br><br><b>Pasta w/Meatballs</b><br>WG Roll<br>Cheese<br>Steamed Carrots<br>Choice of Fruit<br><br>String Cheese<br>Cherry Vanilla Yogurt            | Pancakes<br>Juice/Milk<br><br><b>BBQ Sloppy Joe</b><br>Baby Cake Potatoes<br>Green Beans<br>Choice of Fruit<br><br>TBA<br>Pineapples                                     | Assorted Cereal<br>Juice/Milk<br><br><b>Cheesy Breadsticks</b><br>Sauce<br>Garden Salad<br>Kidney Beans<br>Choice of Fruit<br><br>WG Cheddar<br>Goldfish Crackers<br>Applesauce            |
| 28   | 29   | 30   | 31   |  |
| Assorted Cereal<br>Juice/Milk<br><br><b>Crispy Chicken W rap</b><br>Lettuce & Tomato<br>Steamed Corn<br>Choice of Fruit<br><br>WG Cheeze-It Crackers<br>Apple Wedges       | Dutch Waffle<br>Juice/Milk<br><br><b>Taco Tuesday w/Chips</b><br>Salsa, Lett, Cheese<br>Refried Beans<br>Choice of Fruit<br><br>String Cheese<br>Peach Yogurt                    | Yogurt/Mini Loaf<br>Juice/Milk<br><br><b>Turkey Breast</b><br>Mashed Potatoes w/Gravy<br>WG Roll<br>Steamed Corn<br>Choice of Fruit<br><br>WG Blueberry Muffin<br>Mandarin Oranges | Waffles<br>Juice/Milk<br><br><b>Rotini Cheesy Bake</b><br>WG Roll<br>Steamed Carrots<br>Choice of Fruit<br><br>WG Animal Crackers<br>Diced Pears                         |  |

All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.

Menu Subject to Change