



Positive Solutions for Families

Positive Solutions for Families is four, two-hour weekly sessions that will provide information to families on how to promote their children's social and emotional skills, understand their problem behavior, and use positive approaches to help their child learn appropriate behavior. Here is a brief summary of the sessions:

WEEK 1: SESSION 1 – Making the Connection!

Identify the importance of building positive relationships with children. Discuss the “power” of using positive comments and encouragement with children.

SESSION 2 – Keeping it Positive

Learn to use playful interactions to strengthen the relationship with your child by understanding the meaning of challenging behavior, and using positively stated directions.

WEEK 2: SESSION 3 – Behavior Has Meaning

Learn how to determine the meaning of your children's behavior and then be a behavior detective so you can develop and teach them rules.

SESSION 4 – The Power of Routines

It's all about setting up successful routines and transitions and using prevention strategies.

WEEK 3: SESSION 5 – Teach Me What to Do!

Learn about emotional vocabulary, anger management, and problem-solving skills.

WEEK 4: SESSION 6 – Responding With Purpose

Learn how to respond to challenging behaviors.

SESSION 7 – Put It All Together With a Plan

Learn how to develop a behavior plan to use during daily routines.

This program is open to parents of children enrolled in Child Development centers as well as any parent within Schuylkill County.

Positive Solutions for Families is made possible through a grant from Schuylkill County Drug & Alcohol.

FALL 2023

Fountain Springs & Shenandoah Centers

Mondays

10/23, 10/30, 11/6, 11/13
10 am - 12 noon

St. Clair Center

Wednesdays

10/25, 11/1, 11/8, 11/15
4:30 pm – 6:30 pm

Mahanoy City Center

Wednesdays

10/18, 10/25, 11/1, 11/8
5:00 pm – 7:00 pm

Tamaqua Center

Thursdays

10/13, 10/20, 10/27, 11/3
10:00 am – 12 noon

Pottsville, Pottsville 2 & Sch. Haven Centers

Tuesdays

10/17, 10/24, 10/31, 11/7
5:00 pm – 7:00 pm

All sessions are in person.