

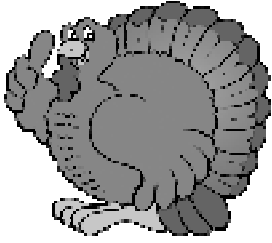


Child Development, Inc. SCHUYLKILL HAVEN



| NOVEMBER | | | | |
|---|--|--|--|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| | | 1 | 2 | 3 |
| | | Bagel wg Yogurt Fruit or Juice Milk Cheese Steak wg Corn French Fries Peaches | Mini-Waffles wg Fruit or Juice Milk Egg/Cheese Croissant Hash Brown Juice Cup | Kix wg Fresh Fruit Milk Pizza Wedge wg Baby Carrots Pineapples |
| 6 | 7 | 8 | 9 | 10 |
| Muffin wg Fruit or Juice Milk Grilled Chicken w/roll wg Green Beans Mashed Potatoes Mixed Fruit | Pancakes wg Fruit or Juice Milk Pasta w/meat sauce wg Salad Dinner Roll wg Strawberry Cup | Mini Wheat wg Fruit or Juice Milk Pop-Corn Chicken wg Peas Rice wg Cucumber Slices | Pancake wg Fruit or Juice Milk Pork BBQ wg Sun Chips wg Carrots Mandarin Oranges | Chex wg Fresh Fruit Milk Toasted Cheese wg Celery w/Dip Tomato Soup Banana |
| 13 | 14 | 15 | 16 | 17 |
| Oatmeal Bar wg Yogurt Fruit or Juice Milk Cheese Burger wg Potato Fries Lettuce Tomato Cup Apple Slices | Fruit-Filled Pancakes wg Fruit or Juice Milk Beef BBQ Rib wg French Fries Cucumber Slices Peach Cup | Waffle wg Fruit or Juice Milk French Toast Sticks wg Hash Brown Sausage Juice Cup | Graham Crackers wg Yogurt Fruit or Juice Milk Roast Turkey Mashed Potatoes Corn Ice Cream Cup | Cheerios wg Fresh Fruit Milk Pizza Choice wg Green Beans Apple |
| 20 | 21 | 22 | 23 | 24 |
| Fruit Turnover wg Fruit or Juice Milk Chicken Strips wg Buttered Pasta wg Winter Blend Vegetables Peaches | Chocolate Chip Waffle wg Fruit or Juice Milk Hot Ham & Cheese wg Potato Tots Celery & Carrots w/Dip Banana | Kix wg Fruit or Juice Milk Pizza Choice wg wg Fruit Choice Veggie Choice |  |  |
| | | | PROGRAM CLOSED | |
| 27 | 28 | 29 | 30 | |
|  | | | | |
| PROGRAM CLOSED | | | | |
| All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce. | | | | Menu Subject to Change |