



Child Development, Inc. POTTSVILLE 2



NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Yogurt w/Mini Loaf Fruit/Juice/Milk French Toast Sticks Hash Brown Sausage Link Broccoli Choice of Fruit	2 Waffles w/Syrup Fruit/Juice/Milk Rotini w/Meat Sauce Shred Cheese WG Roll Carrots Choice of Fruit	3 Assorted Cereal Fruit/Juice/Milk Baked Pizza Bagel Garden Salad Steamed Peas Choice of Fruit
6 Assorted Cereal Fruit/Juice/Milk Chili Bowl Corn Bread w/Cheese Brown Rice Green Beans Salsa Choice of Fruit	7 French Toast Sticks Fruit/Juice/Milk Meatballs in Gravy Mashed Potatoes Bread Sticks Broccoli Choice of Fruit	8 Yogurt w/Mini Loaf Fruit/Juice/Milk Breaded Fish Sticks Sweet Potato Fries Steamed Carrots Choice of Fruit	9 Pancakes w/Syrup Fruit/Juice/Milk Chicken Patty Melt WG Roll Pasta Baked Beans Choice of Fruit	10 Assorted Cereal Fruit/Juice/Milk Hamburger on WG Bun Baked French Fries Steamed Peas Choice of Fruit
13 Assorted Cereal Fruit/Juice/Milk Chicken Pot Pie WG Roll Broccoli Choice Fruit	14 French Toast Sticks Fruit/Juice/Milk Hot Turkey Sandwich WG Bread Mashed Potatoes Corn Choice of Fruit	15 Yogurt w/Mini Loaf Fruit/Juice/Milk Sausage, Egg & Cheese Sandwich Hash Brown Patty Baked Beans Choice of Fruit	16 Dutch Waffle Fruit/Juice/Milk Turkey in Gravy Baked Stuffing Sweet Potato Seasoned Corn WG Bread Choice of Fruit	17 Assorted Cereal Fruit/Juice/Milk Cheesy Breadsticks w/Sauce Garden Salad Green Beans Choice of Fruit
20 Assorted Cereal Fruit/Juice/Milk Popcorn Chicken Mashed Potatoes Steamed Corn Choice of Fruit	21 Pancakes w/Syrup Fruit/Juice/Milk Taco Tuesday & Chips Cheese, Lett, Salsa Steamed Broccoli Choice of Fruit	22 Yogurt w/Mini Loaf Fruit/Juice/Milk Buttered Pierogis WG Roll String Cheese Carrots Choice of Fruit	23 	24 
27  PROGRAM CLOSED	28 French Toast Sticks Fruit/Juice/Milk Grilled Cheese Sandwich Tomato Soup Goldfish Crackers Baked Beans Choice of Fruit	29 Yogurt w/Mini Loaf Fruit/Juice/Milk Baked Cheese Pizza Garden Salad Steamed Broccoli Choice of Fruit	30 Dutch Waffle Fruit/Juice/Milk Hamburger on WG Bun French Fries Steamed Corn Choice of Fruit	
All meals are served with 1% unflavored milk; juice is 100% pasteurized; yogurt contains no more than 23 grams of sugar per 6 ounce serving; cereal contains no more than 6 grams of sugar per dry ounce.				Menu Subject to Change