



Positive Solutions for Families is four, two-hour weekly sessions that will provide information to families on how to promote their children's social and emotional skills, understand their problem behavior, and use positive approaches to help their child learn appropriate behavior. Here is a brief summary of the sessions:

WEEK 1 : SESSION 1 – Making the Connection!

Identify the importance of building positive relationships with children. Discuss the “power” of using positive comments and encouragement with children.

SESSION 2 – Keeping it Positive

Learn to use playful interactions to strengthen the relationship with your child by understanding the meaning of challenging behavior, and using positively stated directions.

WEEK 2: SESSION 3 – Behavior Has Meaning

Learn how to determine the meaning of your children's behavior and then be a behavior detective so you can develop and teach them rules.

SESSION 4 – The Power of Routines

It's all about setting up successful routines and transitions and using prevention strategies.

WEEK 3: SESSION 5 – Teach Me What to Do!

Learn about emotional vocabulary, anger management, and problem-solving skills.

WEEK 4:

SESSION 6 – Responding With Purpose

Learn how to respond to challenging behaviors.

SESSION 7 – Putting It All Together With a Plan

These sessions are open to parents/guardians of children enrolled in Child Development centers, as well as ANY parent/guardian within Schuylkill County.

Fountain Springs Center

Mondays
3/7, 3/14, 3/21 and 3/28
5:00 pm – 7:00 pm
On ZOOM!

St. Clair Center

Wednesdays
3/9, 3/16, 3/23 and 3/30
5:00 pm – 7:00 pm
On ZOOM!

Mahanoy City Center

Wednesdays
3/2, 3/9, 3/16 and 3/23
5:00 pm – 7:00 pm
On ZOOM!

Shenandoah Center

Mondays
3/7, 3/14, 3/21 and 3/28
5:00 pm – 7:00 pm
On ZOOM!

Pottsville Center

Wednesdays
3/9, 3/16, 3/23 and 3/30
5:00 pm – 7:00 pm
On ZOOM!

Tamaqua Center

Tuesdays
3/8, 3/15, 3/22, 3/29
10:00 am – 12:00 noon
On ZOOM!

* **Positive Solutions for Families** is made possible through a grant from Schuylkill County Drug & Alcohol.

CALL 570-544-8959, Ext. 235 to register