



SAINT CLAIR

OCTOBER & NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cereal & Junice	3 Waffles w/Syrup	4 Breakfast Bar & Yogurt	5 Breakfast Pizza Slice	6 JumpStarts in Homeroom
Hamburger on a Bun Lettuce Corn Goldfish Crackers Choice of Fruit	Chicken Alfredo Rice Salad Greens Cucumber Slices Choice of Fruit	Ravioli in Red Sauce Cheese Dinner Roll Green Beans Choice of Fruit	French Toast Sticks w/Syrup Turkey Sausage Potato Cubes Carrots Choice of Fruit	Turkey Burger Baked Beans Cole Slaw Choice of Fruit
9 PROFESSIONAL	10 Egg Omelet w/Roll	11 Blueberry Muffin & Yogurt	12 French Toast Sticks w/Syrup	13 JumpStarts in Homeroom
DEVELOPMENT DAY ALL CENTERS CLOSED	Crunch Chicken Tender Wrap Lettuce Baked Beans Carrots Goldfish Crackers Choice of Fruit	Seasoned Meatballs Green Beans Dinner Roll Mashed Potatoes Choice of Fruit	Fish Bites Dinner Roll Cole Slaw Carrots Choice of Fruit	Bonless Chicken Broccoli Sun Chips Cowboy Salad Choice of Fruit
16 Cereal & Junice	17 Breakfast Pizza Slice	18 Dutch Waffle	19 Pancakes w/Syrup	20 JumpStarts in Homeroom
Chicken Patty Sandwich Salad Greens Carrots Choice of Fruit	Gravy Meatballs Sweet Potatoes Dinner Roll Green Beans Choice of Fruit	Popcorn Chicken Rice Broccoli Marinated Cucumbers Choice of Fruit	Taco Meat & Chips Lettuce & Cheese Cowboy Salad Choice of Fruit	Cheesey Breadsticks w/Sauce Salad Greens Corn Kidney Beans Cookie Choice of Fruit
23 Cereal & Junice	24 French Toast Sticks w/Syrup	25 Cereal Bar & Yogurt	26 Waffles w/Syrup	27 JumpStarts in Homeroom
Chicken Tenders Corn Bread Muffin Carrots Broccoli Choice of Fruit	Beef Nacho Meat & Chips Lettuce & Cheese Been Salsa Choice of Fruit	Italian Chicken Pasta Cheese Corn Spinach & Romaine Choice of Fruit	Hamburger on a Bun Cole Slaw Choice of Fruit	Pizz Slice Side Salad & Tomatoes Choice of Fruit
30 Cereal & Junice	31 Pancakes w/Syrup	1 Pizza Bagel	2 Egg Omelet w/Roll	3 JumpStarts in Homeroom
Chicken Tender Wrap Cheese Carrots Shredded Cabbage Choice of Fruit	Pasta in Sauce Shredded Cheese Romaine Lettuce Roll Choice of Fruit	French Toast Sticks w/Syrup Turkey Sausage Spinach Salad Choice of Fruit	Chicken Nachos Cheese Tortilla Chips Lettuce Comeriffic Salad Choice of Fruit	Hamburger on a Bun Pickles Baked Beans Cheeze-its Choice of Fruit

*POTTSVILLE CENTER WILL BE HAVING A ROLL INSTEAD OF TOAST