



<b>OCTOBER</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>2</b> Whole Grain Cereal Muffin Fruit or Fruit Juice Milk  <b>Turkey &amp; Cheese Hoagie</b> Lettuce, Tomato, Pickle Celery Sticks w/Dip Assorted Fruit Baked Chips Milk	<b>3</b> French Toast Sticks Fruit or Fruit Juice Milk  <b>Beef Vegetable Soup</b> Stromboli wSauce Babby Carrots w/Dip Assorted Fruit Milk	<b>4</b> Bagel & Yogurt Fruit or Fruit Juice Milk  <b>BBQ Chicken Breast</b> Baked Potato Corn Assorted Fruit Milk	<b>5</b> Breakfast Combo Fruit or Fruit Juice Milk  <b>Pasta wMeat Sauce</b> Garlic Breadstick Garden Salad W/Dressing Assorted Fruit Milk	<b>6</b> Pop Tart  Whole Grain Cereal Fruit or Fruit Juice Milk  <b>French Bread Pizza</b> Pepperoni Slices Garden Salad w/Dressing Sasoned Cauliflower Assorted Fruit Milk
<b>9</b> <b>PROFESSIONAL</b> <b>DEVELOPMENT</b> <b>DAY</b>  <b>ALL</b> <b>CENTERS</b> <b>CLOSED</b>	<b>10</b> Whole Grain Cereal Yogurt Fruit or Fruit Juice Milk  <b>Grilled Cheese Sandwich</b> Tomato Soup Vegetable Sticks w/Dip Assorted Fruit Milk	<b>11</b> Pancakes Fruit or Fruit Juice Milk  <b>BBQ Ribe-Que</b> Mashed Potatoes Carrot Coins Assorted Fruit Milk	<b>12</b> Breakfast Pizza Fruit or Fruit Juice Milk  <b>Meatball Hoagie</b> Baked Fries Green Beans Assorted Fruit Milk	<b>13</b> Cinni Minis Fruit or Fruit Juice Milk  <b>Pierogies</b> Cheese Wedge Pretzel Nuggets Mixed vegetables Assorted Fruit Milk
<b>16</b> Pop Tart Whole Grain Cereal Fruit or Fruit Juice Milk  <b>Chicken Nugget</b> Sliced Potatoes Broccoli Assorted Fruit Milk	<b>17</b> Blueberry Pancakes Fruit or Fruit Juice Milk  <b>Cheesesteak Hoagie</b> Buttered Noodles Baby Carrots w/Dip Assorted Fruit Milk	<b>18</b> Strawberry Bagel Fruit or Fruit Juice Milk  <b>Taco Salad</b> Lettuce, Tomato, Cheese Salsa Spanish Rice Assorted Fruit Milk	<b>19</b> Waffles Fruit or Fruit Juice Milk  <b>Pork Chopette w/Gravy</b> Mashed Potatoes Corn Assorted Fruit Milk	<b>20</b> Whole Grain Cereal Nutri-grain Bar Fruit or Fruit Juice Milk  <b>Chees pizza</b> Pepperoni Slices Tossed Salad w/Dressing Assorted Fruit Milk
<b>23</b> Egg & Cheese omelet English Muffin Fruit or Fruit Juice Milk  <b>Cheeseburger on a Bun</b> Potato Wedge Lettuce, Tomato, Pickle Assorted Fruit Milk	<b>24</b> Cinnamon Rasin Bagel Fruit or Fruit Juice Milk  <b>French Toast Sticks w/Syrup</b> Sasuage Patty Hash Brown Assorted Juice or Fruit Milk	<b>25</b> Breakfast Sandwich Fruit or Fruit Juice Milk  <b>General T'SO Chicken</b> White Rice Seasoned Broccoli Assorted Fruit Milk	<b>26</b> Apple Frudel Fruit or Fruit Juice Milk  <b>Cheesey Meatloaf w/Gravy</b> Mashed Potatoes Carrots Assorted Fruit Milk	<b>27</b> Pop Tart Whole Grain Cereal Fruit or Fruit Juice Milk  <b>Quesedaila Pizza</b> Garden Salad w/Dressing Assorted Fruit Cookie Milk
<b>30</b> PB&J Uncrustable Sandwich Fruit or Fruit Juice Milk  <b>Beef Bar-B-Que w/Roll</b> Baked Fries Celery Sticks w/Dip Assorted Fruit Milk	<b>31</b> Mini Pancakes Fruit or Fruit Juice Milk  <b>Chicken Pot Pie</b> Seasoned Peas Dinner Roll Assorted Fruit Milk			